

How long does it take for Recovery?

Treatments may last as little as 5 minutes or as long as 15 minutes. The total number of treatments required is usually 6-20 depending on the body's natural healing rate. This will be different for each client. The less severe or less chronic the condition, the fewer treatments required. The more severe or more chronic, the greater number of treatments required. The results are rapid and sustainable. In our office, we find 80% of clients experience immediate benefit on the first treatment, others most typically require 3-6 treatments before there is a lasting effect. Again, each client will respond differently according to their own body's natural healing rate and condition.



Advanced Laser Treatment Centre Therapeutic Medical Laser Systems

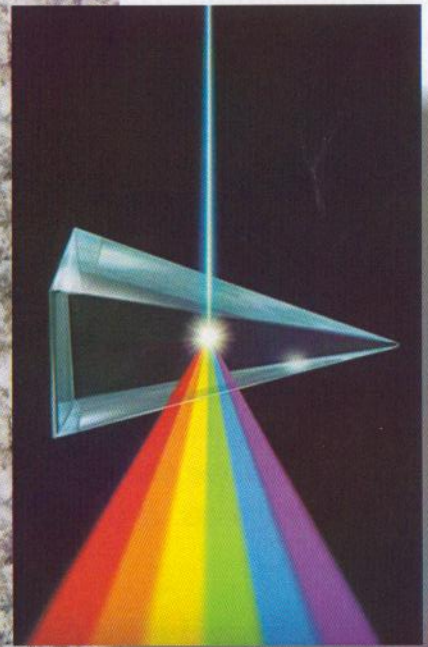


Active Health Chiropractic & Cold Laser Centre

Dr. B. T. Milen
2132 Mountain Grove Ave.
Burlington, Ontario, L7P 2J3
(905) 335-5955

Approved Theralase Treatment Centre

Laser Therapy ...



Healing at the speed of light!

What is Cold Laser Therapy and How does it Work?

Laser light is beamed into the body tissue around an injured or abnormal area. The light energy absorbed by the tissue stimulates and energizes the body's natural basic cellular pathways reducing pain and inflammation. The Laser light is able to penetrate as much as 4" deep into the tissue to stimulate healing.

Is it Safe?

*Absolutely!
It is painless,
non invasive
and nontoxic.
In 30 years of
extensive use*



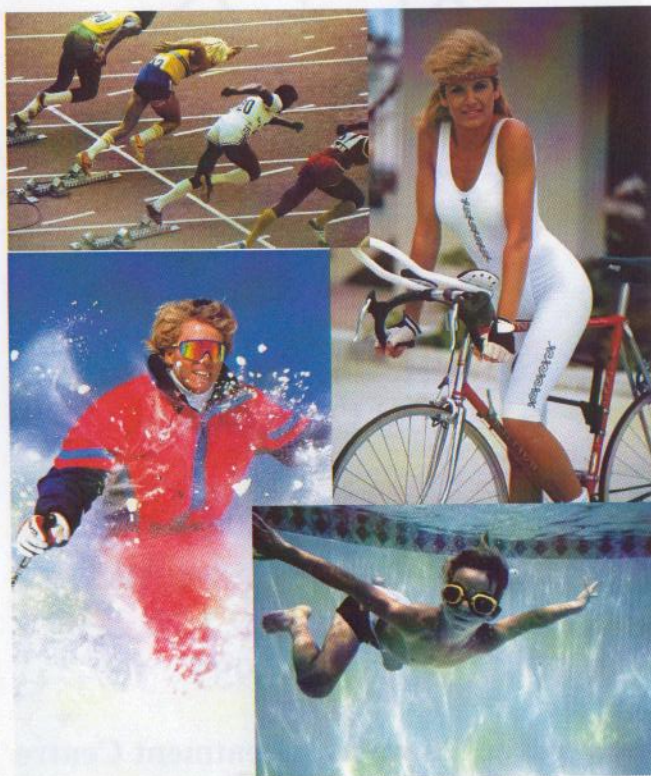
in Canada and Europe there have been no reported side effects. It is approved by Health Canada.

What are the physical effects of laser Therapy?

Lasers supply energy to the body in the form of nonthermal photons of light. The energy absorbed is converted into chemical energy in the cells that allows improved circulation and lymph flow, reduction of scar tissue and deposits, new soft tissue growth and less pain. This process is curative and eliminates symptoms i.e. pain, swelling.

Benefits of Cold Laser Therapy

- *Relieves pain-acute and chronic*
- *Reduces swelling*
- *Increases quality and tensile strength of repaired tissue*
- *Promotes faster wound healing*
- *Generates new healthy cells and tissues*
- *Develops collagen, cartilage and muscle tissue*
- *Softens existing scar tissue*
- *Stimulates the immune system*
- *Stimulates nerve function*



The Advanced Laser Treatment Centre uses the Theralase Medical Laser System to treat numerous conditions, such as :

- *Arthritis*
- *Carpal Tunnel Syndrome*
- *Bursitis/Tendonitis*
- *Sprains and Strains*
- *Hip Pain*
- *Back Pain*
- *Rotator Cuff Problems*
- *Post operative Pain*
- *Tennis Elbow, Golfer's Elbow*
- *New and Old Sports Injuries*
- *Knee pain*
- *Foot/Heel pain (spurs)*
- *Scar Tissue Reduction*
- *Wrinkles*
- *Acne*
- *Wounds/Sutures*
- *Fibromyalgia*

Laser Therapy is painless, safe and effective. Each client will be assessed by a Health Care Professional to determine the exact protocol needed for the condition and the individual client.